

BREMERTON TENNIS & ATHLETIC CLUB

Pool Schedule

Effective January 2010

Pool hours: Mon-Thurs 5:30 am to 9:30 pm Fri 5:30 am - 7:30 pm

Sat 7:30 am - 7:30pm Sun 9:00 am -7:30pm

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
5:30am		Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap		
6:00		5:30-8:30	5:30-8:30	5:30-8:30	5:30-8:30	5:30-8:30		
6:30		Adult Lap/Open	Master Swim	Adult Lap/Open		Master Swim		
7:00								7:30-8:30
7:30						Adult Lap/Open		Adult Lap
8:00						7:50-8:30		
8:30			AquaSplash	Deep Core	AquaSplash	Deep Core		AquaSplash
9:00		Adult Lap	8:30-9:30	8:30-9:30	8:30-9:30	8:30-9:30		8:30-9:30
9:30	9:00-10:30	Adult Lap	OPEN	Adult Lap	Adult Lap	OPEN	9:00-10:00	
10:00	Open Swim	Adult Open	Silver Spash	Adult Open	Adult Open	Silver Spash	Open Swim	
10:30		9:30-11:00	10:00-11:00	9:30-11:00	9:30-11:00	10:00-11:00		10:00-7:30
11:00		10:30-7:30	Open Swim	Open Swim	Open Swim	Open Swim		Open Swim
11:30		11:00-12:00	11:00-12:00	11:00-12:00	11:00-12:00	11:00-12:00		11:00-12:00
12:00pm		Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap		Adult Lap
12:30		12:00-1:00	12:00-1:00	12:00-1:00	12:00-1:00	12:00-1:00		12:00-1:00
1:00		Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		Open Swim
1:30		1:00-5:30	1:00-2:30	1:00-5:30	1:00-5:30	1:00-7:30		
2:00		Autistic Swim						
2:30			2:30-3:30					
3:00			Open Swim					
3:30		3:30-5:30						
4:00								
4:30								
5:00								
5:30		Aqua Splash	Cardio Power	Deep Challenge	Cardio Power			
6:00		5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30			
6:30		Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons			
7:00		6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30			
7:30		Open Swim	Open Swim	Open Swim	Open Swim			
8:00		7:30-9:30	7:30-9:30	7:30-9:30	7:30-9:30			
8:30								
9:00								
9:30								

Depending on the size of all aerobics/swim classes, lap lane walk on may or may not be allowed

Adult Lap & Adult Open = lap swim and water exercising

Adult Lap = lap swim only

pool closes 1/2 hour prior to club closing